

# Human Services Technician • Development Disabilities Option

## Semester Course Outline • 2024 – 2025

18 Months (4 Semesters) • Revised: 1/24/24

Associate of Applied Science (A.A.S.) Degree • Credits Required for Graduation: 63.5

\* Optional exit point for Diploma • 9 Months (2 Semesters) • Credits Required: 30.5



### Fall Semester

| Course Number   | Course Title                     | Clock Hours | Credits |
|---|----------------------------------|-------------|---------|
| HST 117   | Medical Terminology              | 28          | 1       |
| HST 136   | Medication Administration        | 14          | .5      |
| HST 139   | Death and Dying                  | 15          | 1       |
| HST 143   | Developmental Disabilities       | 84          | 3       |
| HST 149   | Behavior Support Training        | 84          | 3       |
| HST 160   | Clinical Experience              | 90          | 1.5     |
| AED 100   | Automated External Defibrillator | 14          | .5      |
| HAZ 100   | Hazardous Materials              | 14          | .5      |
| <ul style="list-style-type: none"> <li>Selected Communications Course (Choose one)</li> <li>COMM 101 – Communications and Career Strategies</li> <li>ENGL 101 – Composition * (CSS 100 – Career Search Strategies .5 credit)</li> </ul> |                                  | 45          | 3       |
| <b>Total</b>  |                                  | 388         | 14      |

### Spring Semester

| Course Number | Course Title  | Clock Hours | Credits |
|---------------|---|-------------|---------|
| HST 119       | Group Techniques  | 28          | 1       |
| ■ HST 127     | Personal Care Assistant (Nutritional Diets)                   | 56          | 2       |
| HST 132       | Sexual Offending and People with Disabilities                 | 56          | 2       |
| HST 137       | Families  | 56          | 2       |
| HST 159       | Diversity Studies   | 56          | 2       |
| HST 164       | Program Planning  | 56          | 2       |
| HST 201       | On-The-Job Training in the Developmental Disabilities Setting | 150         | 2.5     |
| ECON 105      | Leadership in the Global Workplace                            | 45          | 3       |
| <b>Total</b>  |   | 503         | 16.5    |

- The following can be substituted for HST 127
  - CNA 101 – Certified Nursing Assistant Theory, 2 credits
  - CNA 103 – Certified Nursing Assistant Theory and Clinical, 3 credits
  - CNA Certificate

\* **Exit point for Diploma Option:** An exit point is intended for those students who do not pursue the Associate of Applied Science (A.A.S.) Degree. These students will receive a diploma.



**Second Year – Fall Semester**

| Course Number  | Course Title                                     | Clock Hours | Credits |
|--|--|-------------|---------|
| HST 176  | Casework Skills and Resources                    | 45          | 3       |
| HST 177  | Ethics and Issues in Human Services              | 45          | 3       |
| HST 188  | Addictions                                       | 45          | 3       |
| PSYC 101   | General Psychology * (Must take before PSYC 251) | 45          | 3       |
| <ul style="list-style-type: none"> <li>Selected Mathematics Course (Choose one)<br/>                     MATH 100 – Applied General Math<br/>                     MATH 101 – Intermediate Algebra<br/>                     MATH 114 – College Algebra *</li> </ul> |  | 45          | 3       |
| <ul style="list-style-type: none"> <li>Selected Social Science Course (Choose one)<br/>                     SOC 100 – Introduction to Sociology *<br/>                     SOC 110 – Social Issues (Only offered in the Spring Semester)</li> </ul>                |  | 45          | 3       |
| <b>Total</b>   |  | 270         | 18      |

**Second Year - Spring Semester**

| Course Number   | Course Title   | Clock Hours | Credits |
|---|--|-------------|---------|
| <ul style="list-style-type: none"> <li>CMST 101</li> </ul>  | Foundations of Communication *<br>(CSS 100 – Career Search Strategies .5 credit) | 45          | 3       |
| CSC 102   | Windows Applications for Technicians   | 45          | 3       |
| PSYC 251  | Abnormal Psychology (Must take PSYC 101 first)                                   | 45          | 3       |
| <b>Electives (Choose two of the following):</b><br>HST 179 – Introduction to Criminal Justice<br>HST 183 – Juvenile Delinquency<br>HST 195 – Life Span Development<br>BUS 170 – Human Resource Management<br>BUS 220 – Personal Finance |  | 45          | 3       |
| <b>Total</b>  |  | 225         | 15      |
| <b>Additional Electives</b>   |  |             |         |
| HST 173   | Special Topics in Human Services   | 28          | 1       |
| HST 192   | Police Academy   | 28          | 1       |
| COMM 105  | Beginning Sign Language  | 28          | 1       |

- Students will select a course in each of the areas listed to meet general education requirements. Courses marked with an asterisk (\*) can be transferred directly to the university system and may be substituted for recommended courses on the outline. Students should speak with an advisor before doing so.

Students who select to take transferable communications course CMST 101 or ENGL 101, must also register for CSS 100 – Career Search Strategies for .5 credit. This curriculum is required for all Lake Area Tech graduates and is included in the COMM 101 course but is separate from the university system.