

## ABOUT THE TRAINER

### Building Mental Wellness for a Healthy Workplace



Angela Hyde is an independent consultant specializing in building training programs for nonprofits and businesses to leverage the human potential of their companies.

Ms. Hyde worked in social services for over 28 years in the Sioux Falls, SD area serving families in various roles from direct service to operating a successful nonprofit.

Ms. Hyde has gained extensive knowledge about working with individuals from varying backgrounds, cultures, and economic statuses. She has developed and implemented successful training programs for non-profits and businesses related to mental health, poverty, workplace culture, and functional leadership.

She is passionate about building training programs for companies that fit their unique needs and leaving them with actionable road maps forward.

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### CUSTOMIZE YOUR TRAINING PLAN

Contact Angela at 605.261.9144 or [angela.hyde@hotmail.com](mailto:angela.hyde@hotmail.com).

