Human Services Technician
Activity Technician/Mental Health Option
Semester Course Outline • 2021 – 2022

18 Months (4 Semesters) • Revised: 6/21/21
Associate of Applied Science (A.A.S.) Degree • Credits Required for Graduation: 65.5
*** Optional exit point for Diploma**
9 Months (2 Semesters) • Credits Required: 30.5

LAKE AREA TECH COLLEGE

Fall Semester

Course Number	Course Title	Clock Hours	Credits
HST 117	Medical Terminology	28	1
HST 136	Medication Administration	14	.5
HST 139	Death and Dying	15	1
HST 143	Developmental Disabilities	84	3
HST 149	Behavior Support Training	84	3
HST 160	Clinical Experience	90	1.5
AED 100	Automated External Defibrillator	14	.5
HAZ 100	Hazardous Materials	14	.5
• Selected Communications Course (Choose one) COMM 101 – Communications and Career Strategies ENGL 101 – Composition * (CSS 100 – Career Search Strategies .5 credit)		45	3
	Total	388	14

Spring Semester

Course Number	Course Title	Clock Hours	Credits
HST 119	Group Techniques	28	1
■ HST 127	Personal Care Assistant (Nutritional Diets)	56	2
HST 132	Sexual Offending and People with Disabilities	56	2
HST 137	Families	56	2
HST 159	Diversity Studies	56	2
HST 164	Program Planning	56	2
HST 203	On-The-Job Training in the Activity Technician/Mental Health Setting	150	2.5
PSYC 100	Psychology of Human Relations	45	3
	Total	503	16.5

■ The following can be substituted for HST 127
CNA 101 – Certified Nursing Assistant Theory, 2 credits
CNA 103 – Certified Nursing Assistant Theory and Clinical, 3 credits
CNA Certificate

*** Exit point for Diploma Option:** An exit point is intended for those students who do not purse the Associate of Applied Science (A.A.S.) Degree. These students will receive a diploma.

Second Year – Fall Semester

Course Number	Course Title	Clock Hours	Credits
HST 176	Casework Skills and Resources	56	2
HST 177	Ethics and Issues in Human Services	45	3
HST 188	Addictions	45	3
PSYC 101	General Psychology * (Must take before PSYC 251)	45	3
● Selected Mathematics Course (Choose one) MATH 100 – Applied General Math MATH 101 – Intermediate Algebra MATH 114 – College Algebra *		45	3
● Selected Social Science Course (Choose one) SOC 100 – Introduction to Sociology * SOC 110 – Social Issues (Only offered in the Spring Semester)		45	3
	Total	281	17

Spring Semester – Second Year

Course Number	Course Title	Clock Hours	Credits
● CMST 101	Fundamentals of Speech * (CSS 100 – Career Search Strategies .5 credit)	45	3
CSC 102	Windows Applications for Technicians	45	3
ECON 105	Leadership in the Global Workplace	45	3
PSYC 251	Abnormal Psychology (Must take PSYC 101 first)	45	3
Electives (Choose <u>two</u> of the following):			
HST 179 – Introduction to Criminal Justice		45	3
HST 183 – Juvenile Delinquency		45	3
HST 195 – Life Span Development		45	3
BUS 170 – Human Resource Management		45	3
BUS 220 – Personal Finance		45	3
	Total	270	18
Additional Electives			
HST 173	Special Topics in Human Services	28	1
HST 192	Police Academy	28	1
COMM 105	Beginning Sign Language	28	1

- Students will select a course in each of the areas listed to meet general education requirements. Courses marked with an asterisk (*) can be transferred directly to the university system and may be substituted for recommended courses on the outline. Students should speak with an advisor before doing so.

  Students who select to take transferable communications course CMST 101 or ENGL 101, must also register for CSS 100 – Career Search Strategies for .5 credit. This curriculum is required for all Lake Area Tech graduates and is included in the COMM 101 course but is separate from the university system.