

# Lake Area Technical College Physical Therapist Assistant (PTA) Program

## Sample Student Objectives

### Week 1: The student will:

1. Complete orientation to the facility (risk management, safety, tour, etc.).
2. Introduce self to department staff.
3. Shadow CI to become familiar with the patients and procedures.
4. Participate in an initial evaluation with <90-100% assistance.
5. Measure and characterize pain with <90-100% assistance.
6. Actively participate in treatment interventions with <90-100% assistance.
7. Complete at least one progress note with <90-100% supervision and comparison to CI's note for the same patient.
8. Ensure patient safety with <50% cues from the CI.
9. Perform correct body mechanics with <50 % cues from CI.
10. Demonstrate appropriate universal precautions and sterile technique with <50% cues from CI.
11. Provide feedback to CI regarding level of supervision, teaching methods, etc.

### Week 2: The student will:

1. Complete orientation including patient scheduling, meetings, etc.
2. Complete an initial evaluation with <75-90% assistance from the CI.
3. Measure and characterize pain with <75-90% assistance.
4. Select and perform examination tests and measures with <75-90% assistance from the CI for each practice pattern.
5. Synthesize available data on a patient/client to include impairment, functional limitation, and disability participation restrictions with <75-90% assistance.
6. Site the evidence (patient/client history, lab diagnostics, tests and measures and scientific literature) to support clinical decisions with <75-90% assistance.
7. Integrate the examination findings to classify the problem into a practice pattern with <75-90% assistance from the CI.
8. Identify and prioritize impairments to determine a specific dysfunction towards which the intervention will be directed with <75-90% assistance.
9. Select and prioritize the essential treatment interventions that are safe and meet the specific functional goals/outcomes in the plan of care with <75-90% assistance from CI.
10. Implement and assess effectiveness of treatment interventions with <75-90% assistance from CI.
11. Document progress notes and familiar initial evaluations with <75-90% assistance.
12. Ensure patient safety with <30% cues from the CI.
13. Perform correct body mechanics with <30 % cues from CI.
14. Demonstrate appropriate universal precautions and sterile technique with <30% cues from CI.
15. Complete daily activity log/billing sheets with <75-90% assistance.
16. Actively participate in patient conferencing with <75-90% assistance from CI.
17. Demonstrate initiative with all duties including active adult learning.
18. Participate in discharge planning, including ordering of patient equipment with <75-90% assistance.
19. Differentiate between discharge, discontinuation of service and transfer of care with <75-90% assistance.

### Week 3: The student will:

1. Perform 50% of the scheduled treatments.
2. Fully complete treatment sessions with <50-75% assistance/feedback from CI.
3. Measure and characterize pain with <50-75% assistance.
4. Select and perform tests and measures with <50-75% assistance from the CI.
5. Synthesize available data on a patient/client expressed in terms of the disablement model to include impairment, functional limitation and disability participation restrictions with <50-75% assistance.

6. Perform and assess effectiveness of treatment interventions with <25-50% assistance/feedback from CI.
7. Document all progress notes and initial evaluations with <25-50% assistance from CI.
8. Ensure patient safety independently.
9. Perform correct body mechanics independently.
10. Demonstrate appropriate universal precautions and sterile technique independently.
11. Complete daily activity log/billing sheets independently.
12. Determine project to be completed after discussion with CI.
13. Complete midterm as appropriate. If significant issues noted, call CCE.
14. Provide feedback to CI regarding level of supervision, teaching methods etc.

**Week 4: The student will:**

1. Perform 100% of the scheduled treatments and 75% of evaluations.
2. Fully complete treatment session with feedback <25% of the time.
3. Measure and characterize pain with <25% assistance.
4. Select and perform tests and measures with <25% assistance from the CI for each practice pattern.
5. Synthesize available data on a patient/client expressed in terms of the functional limitation and restrictions with <25% assistance.
6. Perform treatment interventions with feedback <25% of the time.
7. Implement and assess effectiveness of treatment interventions with feedback <25% of the time.
8. Complete all patient documentation with feedback <25% of the time.
9. Continue to work on project independently.
10. If appropriate, meet/observe other disciplines, surgery, specialty areas, etc.

**Weeks 5: The student will:**

1. Perform 100% of the scheduled treatments and evaluations.
2. Complete treatment session independently.
3. Measure and characterize pain independently.
4. Select and perform tests and measures independently.
5. Synthesize available data on a patient/client, expressed in terms of functional limitation and restrictions.
6. Perform treatment interventions independently.
7. Implement and assess effectiveness of treatment interventions independently.
8. Complete all documentation independently.
9. Continue to work on project independently, schedule presentation time as appropriate.
10. Continue to observe other activities as appropriate.

**Weeks 6: The student will:**

1. Complete the project.
2. Complete comprehensive documentation to the satisfaction of the CI.
3. Complete treatment interventions to the satisfaction of the CI.
4. Complete all educational experiences desired.
5. Perform all duties of an entry level physical therapist assistant.
6. Complete final assessment.
7. Provide feedback to CI regarding the experience and recommendations for future students.