

## PHYSICAL THERAPY ASSISTANT (PTA) SKILLS CHECKLIST

al I: Clinical II:			Clinical III:				
				of Facility) (Name of Facility)			
Mark completed skills	(	Clinical		Mark completed skills		Clinical	
ADULT	1	Ш	Ш	ADULT	1	Ш	
Orthopedic				Other			
Back Injuries/Surgeries				Cardiac Rehab			Т
Hip Fractures/Injuries				ICU Procedures			Т
Total Hip Replacement				Burn Management			Т
Knee Injuries				Work Hardening-Work Site Evaluation			Т
Total Knee Replacement				Work Capacity Evaluation			Т
Shoulder Injuries				Functional Capacity Evaluation			Т
Degen. Joint Disease/Arthritis				Muscle Energy Techniques			Τ
Post-Operative Care				Universal Precautions			
Amputations				Isolation Procedures			Τ
Neurologic				Assessments			Γ
Stroke Rehabilitation				MMT			Γ
Cognitive Disorders				Manual Sensation Muscle Testing			Γ
Head Trauma				Goniometry			Τ
Spinal Cord Injury				Skin			
Adaptive Equipment-Wheelchair				Pain			Τ
Neuromuscular Diseases				PEDIATRIC	I	П	
ADULT	1	Ш	Ш	Fractures			Т
Prosthetics/Orthotics/Braces/Splint	s			Birth Defects			Т
Upper Extremity Prosthetics				Developmental Diseases of Bone			Т
Above Knee Prosthetics				Neurologic			
Below Knee Prosthetics				Head Injury			Τ
Ankle/Foot Orthosis				Spinal Cord Injury			Т
Splints-Wrist/Hand				Visual Perceptual Disorders			Т
Procedures/Treatments				Neurodevelopmental Techniques			
CPM Machine				Muscular Dystrophy			Т
Whirlpool				Cerebral Palsy			Т
Therapeutic Pool				Spina Bifida			Γ
Electrical Stimulation				Autism Spectrum Disorders			Τ
Ultrasound				Down Syndrome			Γ
Cryotherapy				Other Diagnoses			
Diathermy				Prosthetics/Orthotics			
Myofacial Release/Soft Tissue				Bracing			Τ
Cervical Traction				Orthotics			
Lumbar Traction				Procedures/Treatment Techniques			
Activities of Daily Living				Adaptive Equipment Training			Γ
Transfers				Postural Balance Training			
Isokinetic exercise				Mobility Training			
Taping							Γ

**Age-Appropriate Care:** Ability to adapt care to incorporate normal growth and development, adapt method and terminology of client instructions as it relates to the age and comprehension level of the client, and to ensure a safe environment – reflecting specific needs of the client and various age groups.

AGE	1	2	3
Newborn (birth-30 days)			
Infant (30 days – 1 year)			
Toddler (1–3 years)			
Preschooler (3 – 5 years)			
School Age (5 – 12 years)			

AGE	1	2	3
Adolescents (12 – 18 years)			
Young Adults (18 – 39)			
Middle Adults ( 39 – 64 years)			
Older Adults ( 64+ years)			

The information I have given is true and accurate to the best of my knowledge.

## First Clinical:

Facility Name	
Clinical Instructor's Signature	Date
Clinical Instructor's Name and Title (PLEASE PRINT)	
Student's Signature	Date
Second Clinical:	
Facility Name	
Clinical Instructor's Signature	Date
Clinical Instructor's Name and Title (PLEASE PRINT)	
Student's Signature	Date
Third Clinical:	
Facility Name	
Clinical Instructor's Signature	Date
Clinical Instructor's Name and Title (PLEASE PRINT)	
Student's Signature	Date