



LAKE AREA
TECHNICAL INSTITUTE

It's your world.

Informed Consent & Confidentiality

This statement outlines policies regarding confidentiality and informed consent which governs the counseling work at Lake Area Technical Institute:

Informed Consent

The counseling staff is here to assist you with concerns that often arise during the college years. Counseling is talking through your individual concerns with a professional counselor. Your concern may be specific and focused, or simply a general feeling of dissatisfaction or unhappiness. Some examples of such issues are: difficulties adjusting to college life, grief, low self-esteem, anxiety, depression, relationship issues, and loneliness. Should you need more specialized help, your counselor is prepared to make referrals to other professionals in the community. LATI has an agreement with the Human Service Agency in Watertown that we will pay for three free counseling sessions.

As a client you have certain rights. These include the right to participate actively in developing alternatives for addressing your concerns. You may terminate counseling at any time for any reason, preferably only after discussing such termination with your counselor. You are encouraged to ask questions about anything you don't understand.

Confidentiality

Strict confidentiality is maintained for all client information and records. No information will be disclosed to anyone outside Counseling Services without your prior written consent. Should you wish information forwarded to other parties or outside agencies we will be glad to provide verbal or written reports to any person(s) you designate once we obtain your written permission to do so.

A few exceptions to the confidentiality principle exist. For example, information may be revealed when you threaten to harm yourself or another person, when a child or elder is believed to be suffering physical or emotional abuse or in those rare instances when the courts subpoena a counselor to testify, such as in a hearing related to psychiatric hospitalization.

If you have any questions about any of the above policies, please feel free to discuss them with your counselor.