

# COSMETOLOGY

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2009 – 2010

13 Months

Credits Required for Graduation: 54

2,100 Hours of Training Required for Course Completion

## Cosmetologists Bring Style to Our Lives

To look good is to feel good, and cosmetologists help us to look our best! Cosmetology is a rewarding occupation. It's a career path for those who enjoy working with people and those who get personal satisfaction from helping others. Cosmetology is also a profitable career where enterprising individuals can own and operate their own beauty salons.

## And There's Plenty of Variety

The Cosmetology program at Lake Area Technical Institute provides theory and practical experience for the student. The program is designed to train the student in the various skills of hair-care techniques, manicuring and skin care.

The cosmetologist studies the fundamentals of this science and applies what is learned in class to practical experience in the Lake Area Tech Cosmetology Lab. He or she applies artistic talents in cutting, styling, shaping and tinting hair along with applying cosmetics.

All students are required to take a board examination administered by the South Dakota Cosmetology Commission.

## Cosmetology is More Than Skin Deep

Anyone who enjoys people, has artistic ability, and possesses a desire to serve the public would enjoy this people-oriented profession.

Cosmetologists do more than make people look good on the outside; they also play an important role in making people feel good about themselves. People who reach their goals in this profession gain much satisfaction from their jobs and their relationships with other people.

## Job Opportunities

Cosmetology provides numerous opportunities. A cosmetologist may work as a hair stylist, research technician, platform artist, make-up artist, nail technician, competition artist, manufacturer's representative, salon owner, or school owner.

Cosmetology is a career where the individual decides how far he or she wants to go.

## Recommended Background Courses

Although not required, the following courses would be beneficial to this course of study prior to attending Lake Area Technical Institute: Communications, Science, Health, Bookkeeping, Math.

## COURSE DESCRIPTIONS

### AC 100 – Applied Communications (1 credit)

Designed to improve students' speaking, writing and listening skills as well as fundamentals of applying for and obtaining employment.

**COS 100 – Safety/Sanitation (1.5 credits)** Promotion of good health and safety control measures in the salon.

**COS 103 – Salon Management (.5 credit)** Study of the small business enterprise. Topics include business planning, basic bookkeeping, recordkeeping, sales and service, inventory control, public relations and payroll records.

### COS 106 – Permanent Waving (2.75 credits)

Instruction in the proper use of equipment and the reactions of chemicals in the waving process. Study with methods and techniques of waving hair.

**COS 112 – Haircutting (2.5 credits)** Classroom instruction given on hair cutting techniques and the use of equipment in the hair cutting process.

**COS 115 – Hairstyling (8 credits)** Classroom instruction given on the procedures used in the styling of hair.

**COS 121 – Scientific Concepts (1.25 credits)** Study of scientific concepts such as chemistry, bacteriology, anatomy, and physiology.

**COS 127 – Safety/Sanitation (1 credit)** Promotion of good health and safety control measures in the salon.

**COS 130 – Salon Management (1.5 credits)** Study of the small business enterprise. Topics include business planning, basic bookkeeping, recordkeeping, sales and service, inventory control, public relations and payroll records.

**COS 133 – Permanent Waving (3 credits)** Instruction in the proper use of equipment and the reactions of chemicals in the waving process. Study with methods and techniques of waving hair.

**COS 136 – Haircolor (4 credits)** Instruction in the proper use of coloring in the hair. Includes types of coloring as related to differences in hair and hair texture, progressing from temporary to highlighting and special effects.

**COS 139 – Haircutting (4 credits)** Classroom instruction given on hair cutting techniques and the use of equipment in the hair cutting process.

**COS 145 – Esthetics (2.5 credits)** Study of the skin, its disorders and diseases that occur as a result of improper care. Includes the proper techniques used in facials and makeup procedures. Also offers exclusive training in use of facial firm machinery.

**COS 148 – Manicure (.5 credit)** Instruction on the fingernail and toenail, including growth, disease and care, as well as nail sculptures, tips and nail art.

**COS 151 – Chemical Relaxing (1 credit)** Instruction of the difference of a base and no-base relaxer and safety methods.

**COS 154 – Electricity (.5 credit)** Basic electrical terms and benefits of electro-therapy, electrolysis, and thermolysis and high-frequency.

**COS 203 – Salon Management (1.5 credits)** Study of the small business enterprise. Topics include business planning, basic bookkeeping, recordkeeping, sales and service, inventory control, public relations and payroll records.

**COS 206 –Esthetics (1.25 credit)** Study of the skin, its disorders and diseases that occur as a result of improper care. Includes the proper techniques used in facials and makeup procedures. Also offers exclusive training in use of facial firm machinery.

**COS 209 – Massage (1.25 credits)** Study of massage manipulation to include head, scalp, neck, hands, legs, arms, and feet.

**COS 212 – Haircutting (1.25 credits)** Classroom instruction given on hair cutting techniques and the use of equipment in the hair cutting process.

**COS 215 – Hairstyling (2 credits)** Classroom instruction given on the procedures used in the styling of hair.

**COS 218 – Esthetics (2.25 credits)** Study of the skin, its disorders and diseases that occur as a result of improper care. Includes the proper techniques used in facials and makeup procedures. Also offers exclusive training in use of facial firm machinery.

**COS 221 – Manicure (2.5 credits)** Instruction on the fingernail and toenail, including growth, disease and care, as well as nail sculptures, tips and nail art.

**COS 224 – Pre-Clinical (4.75 credits)** Practical experience in the classroom setting with preliminary practice on mannequins and other students. Eventually, students will focus on working with patrons with an emphasis being placed on speed and workmanship.

**COS 227 – Laws (.5 credit)** Introduction and review of the state laws and regulations set by the South Dakota Cosmetology Commission.

**COS 230 – Haircolor (1.25 credits)** Instruction in the proper use of coloring in the hair. Includes types of coloring as related to differences in hair and hair texture, progressing from temporary to highlighting and special effects.